

**MINGO COUNTY SCHOOLS - CHILD NUTRITION**  
**PK-8 BREAKFAST/LUNCH MENU**  
**March 2018**

Monday	Tuesday	Wednesday	Thursday	Friday
**** Breakfast choices include fresh fruit, fruit juice, milk, yogurt and cereal.	**** Lunch choices include milk, fresh fruits and vegetables on the salad bar.		1	2
5	6	7 Cook's Choice	8 Cook's Choice	9 Cook's Choice
12 Cook's Choice	13 Cook's Choice	14 Chicken Slider Fruit & Juice ----- <b>Vegetable Beef Soup</b> Toasted Cheese Sandwich Carrot Sticks w/Dip Caesar Salad Fruit Crisp Milk Mandarin Oranges	15 MVP Breakfast & String Cheese Fruit & Juice ----- <b>Spaghetti w/ Meat Sauce</b> Caesar Salad w/ Croutons California Blend WG Hot Roll Applesauce Milk	16 Breakfast Pizza Fruit & Juice ----- <b>Tacos/Taco Salad</b> Lettuce, Tomato & Cheese Refried Beans Spanish Rice Salsa Mandarin Oranges Milk
19 Pancake on a Stick Fruit & Juice ----- <b>Chicken Nuggets</b> Macaroni & Cheese Broccoli Parmesan Rice Crispy Treat Fruit Cocktail Milk	20 Grilled Cheese Fruit & Juice ----- <b>Beefaroni</b> Caesar Salad Honey Carrot Coins Cheese Breadstick w/Marinara Applesauce Milk	21 Breakfast Pizza Fruit & Juice ----- <b>Breakfast for Lunch</b> Sausage Eggs Biscuit Diced Potatoes Warm Apples Milk Salsa	22 Blueberry Muffin & Yogurt Fruit & Juice ----- <b>Oven Roasted Chicken</b> Mashed Potatoes Green Beans WG Hot Roll Peaches Milk	23 Ham & Cheese Croissant Fruit & Juice ----- <b>Hot Dog w/ Chili</b> Potato Wedges Baked Beans Fruit Choice Milk Sherbet
26 Pancakes Fruit & Juice ----- <b>Chicken Fries</b> Quick Baked Potato Baked Beans Cheese Filled Breadstick Pineapples Milk	27 Chicken Slider Fruit & Juice ----- <b>Chili w/ Beans</b> Grilled Cheese Sandwich Caesar Salad Carrots w/Dip Milk Fruit Crisp Pears Crackers	28 Breakfast Pastry & Yogurt Fruit & Juice ----- <b>French Bread Pizza</b> Broccoli Parmesan Honey Carrot Coins Fruit Cocktail Milk Scooby Bones	29 Chocolate Muffin/String Cheese Fruit & Juice ----- <b>Turkey &amp; Dressing</b> Mashed Potatoes Green Beans WG Hot Roll Pudding Cup or Strawberry Cup Fruit Choice Milk	30 NO SCHOOL

**MENU ITEMS ARE ALWAYS SUBJECT TO AVAILABILITY. "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."**