

**MINGO COUNTY SCHOOLS - CHILD NUTRITION
HIGH SCHOOL BREAKFAST/LUNCH MENU
March 2018**

Monday	Tuesday	Wednesday	Thursday	Friday
**** Breakfast choices include fresh fruit, fruit juice, milk, yogurt and cereal.	**** Lunch choices include milk, fresh fruits and vegetables on the salad bar.		1	2
5	6	7 Cook's Choice	8 Cook's Choice	9 Cook's Choice
12 Cook's Choice	13 Cook's Choice	14 Chicken Slider Fruit & Juice ----- Vegetable Beef Soup Toasted Cheese Sandwich Carrot Sticks w/Dip Caesar Salad Fruit Crisp Milk Mandarin Oranges	15 MVP Breakfast & String Cheese Fruit & Juice ----- Spaghetti w/ Meat Sauce Caesar Salad w/ Croutons California Blend WG Hot Roll Applesauce Milk	16 Breakfast Pizza Fruit & Juice ----- Tacos/Taco Salad Lettuce, Tomato & Cheese Refried Beans Spanish Rice Salsa Mandarin Oranges Milk
19 Pancake on a Stick Fruit & Juice ----- Chicken Nuggets Macaroni & Cheese Broccoli Parmesan Steamed Corn Fruit Cocktail Milk Chex Mix	20 Grilled Cheese Fruit & Juice ----- Beefaroni Caesar Salad Honey Carrot Coins Cheese Breadstick w/Marinara Applesauce Milk	21 Breakfast Pizza Fruit & Juice ----- Breakfast for Lunch Sausage Eggs Biscuit Gravy Diced Potatoes Warm Apples Milk Salsa	22 Blueberry Muffin & Yogurt Fruit & Juice ----- Oven Roasted Chicken Mashed Potatoes Green Beans WG Hot Roll Peaches Milk	23 Ham & Cheese Croissant Fruit & Juice ----- Hot Dog w/ Chili Potato Wedges Baked Beans Fruit Choice Milk WG Chocolate Chip Cookie
26 Pancakes Fruit & Juice ----- Chicken Fries Quick Baked Potato Baked Beans Cheese Filled Breadstick Pineapples Milk	27 Chicken Slider Fruit & Juice ----- Chili w/ Beans Grilled Cheese Sandwich Caesar Salad Carrots w/Dip Milk Fruit Crisp Pears Crackers	28 Breakfast Pastry & Yogurt Fruit & Juice ----- French Bread Pizza Broccoli Parmesan Honey Carrot Coins Fruit Cocktail Milk Scooby Bones	29 Chocolate Muffin/String Cheese Fruit & Juice ----- Turkey & Dressing Mashed Potatoes Green Beans WG Hot Roll Pudding Cup Fruit Choice Milk	30 NO SCHOOL

MENU ITEMS ARE ALWAYS SUBJECT TO AVAILABILITY. "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."