

**MINGO COUNTY SCHOOLS – CHILD NUTRITION
HIGH SCHOOL BREAKFAST/LUNCH MENU
February 2018**

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Bagel w/Cream Cheese Wowbutter Jelly Fruit & Juice ----- Chicken Nuggets Mashed Potatoes Green Beans WG Hot Rolls Peaches Milk	2 Breakfast Pizza Fruit & Juice ----- Breakfast for Lunch Sausage Eggs Diced Potatoes Salsa Biscuit Warm Apples Milk Orange Slices
5 Pancake on a Stick Fruit & Juice ----- Breaded Chicken Sandwich on Bun w/ Lettuce & Tomato Quick Baked Potato Pork and Beans Milk Fruit Choice Rice Crispy Treat	6 Sausage Biscuit Fruit & Juice ----- Spaghetti w/Meat Sauce Caesar Salad w/ Croutons Steamed Peas Cheese Filled Breadstick w/Marinara Milk Fruit Choice	7 Muffin & String Cheese Fruit & Juice ----- Vegetable Beef Soup Grilled Cheese Sandwich Carrots w/ Dip Caesar Salad Apple Crisp Crackers Milk Fruit Choice	8 Strawberries & Cream Dunkers Fruit & Juice ----- Chicken Fajitas w/ Tortilla Lettuce/Tomato/Cheese Chips & Salsa Steamed Corn Refried Beans Milk Fruit Choice	9 Breakfast Pastry & Yogurt Fruit & Juice ----- Pepperoni Roll Broccoli Parmesan Honey Carrot Coins Pears Milk Yogurt Chex Mix
12 Breakfast Wrap Fruit & Juice ----- Chicken Teriyaki Nuggets Potato Wedges Steamed Peas Cheese Breadstick w/Marinara Milk Peaches	13 Egg Biscuit Fruit & Juice ----- Pizza French Bread Caesar Salad Steamed Corn Royal Brownie Milk Fruit Cocktail	14 Grilled Cheese Fruit & Juice ----- Beef Taco/Taco Salad Lettuce, Tomato & Cheese Refried Beans Chips & Salsa Mandarin Oranges Milk	15 MVP Breakfast & String Cheese Fruit & Juice ----- Steak and Gravy Mashed Potatoes Green Beans Hot Roll Applesauce Jello w/Fruit Milk	16 Breakfast Pizza Fruit & Juice ----- Chicken & Noodles Broccoli Parmesan Honey Carrot Coins Cornbread Milk Scooby Bones Pears
19 FACULTY SENATE	20 Fruit & Yogurt Parfaits or Smoothies Fruit & Juice ----- Steak & Cheese Sandwich Lettuce & Tomato Baked Oven Fries Honey Carrot Coins Milk Jello w/Fruit	21 Pancake on a Stick Fruit & Juice ----- School Made Pizza Caesar Salad Steamed Corn Fruit Choice Milk Pudding Cup	22 Ham & Cheese Croissant Fruit & Juice ----- Oven Roasted Chicken Mashed Potatoes Steamed Peas WG Hot Roll Fruit Cocktail Milk	23 Chicken Slider Fruit & Juice ----- Fish Sticks Macaroni & Cheese Pinto Beans Cole Slaw Cornbread Milk Pears
26 Pancake Minis Fruit & Juice ----- Cheeseburger Cole Slaw Baked Oven Fries Fruit Cocktail Milk Rice Crispy Treat	27 Chocolate Muffin/String Cheese Fruit & Juice ----- Beefaroni Caesar Salad w/ Croutons Steamed Peas Hot Roll Applesauce Milk	28 Breakfast Pizza Fruit & Juice ----- Chicken Fries Cheesy Potatoes Broccoli Parmesan WG Breadstick Fruit Choice Milk	**** Breakfast choices include fresh fruit, fruit juice, milk, yogurt and cereal.	**** Lunch choices include milk, fresh fruits and vegetables on the salad bar.

MENU ITEMS ARE ALWAYS SUBJECT TO AVAILABILITY. "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."