

**MINGO COUNTY SCHOOLS – CHILD NUTRITION
HIGH SCHOOL BREAKFAST/LUNCH MENU
DECEMBER 2017**

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>**** Breakfast choices include fresh fruit, fruit juice, milk, yogurt and cereal.</p>	<p>**** Lunch choices include milk, fresh fruits and vegetables on the salad bar.</p>		<p>1 Strawberries & Cream Dunkers Fruit & Juice ----- Chili w/ Beans Grilled Cheese Sandwich Caesar Salad Baked Potato w/Margarine Crackers Fruit Cocktail Milk</p>
<p>4 Waffle Fruit & Juice ----- Breaded Chicken Sandwich Quick Baked Potato Pork and Beans Pineapple Tidbits Milk Rice Crispy Treat</p>	<p>5 Breakfast Wrap Fruit & Juice ----- School Made Pizza Broccoli Parmesan Steamed Corn Milk Peaches Chex Mix Yogurt</p>	<p>6 Ham & Cheese Croissant Fruit & Juice ----- Chicken & Noodles Green Beans Honey Carrot Coins Cornbread Mandarin Oranges Milk Sherbet</p>	<p>7 Chocolate Muffin & Yogurt Fruit & Juice ----- Spaghetti w/ Meat Sauce Caesar Salad California Blend WG Hot Roll w/margarine Applesauce Milk</p>	<p>8 Breakfast Pizza Fruit & Juice ----- Breakfast for Lunch Sausage Eggs Biscuit Warm Apples Diced Potatoes Salsa Milk WG Toast Strawberry Smoothie</p>
<p>11 Bagel w/ Cream Cheese, Wowbutter, Jelly Fruit & Juice ----- Pork BBQ on WG Bun Cole Slaw Oven Fries Applesauce Milk String Cheese</p>	<p>12 Sausage Biscuit Fruit & Juice ----- Chicken Fajitas Lettuce, Tomato & Cheese Steamed Corn Chips & Salsa Mandarin Oranges Milk</p>	<p>13 Pancake on a Stick Fruit & Juice ----- French Bread Pizza Caesar Salad w/ Ranch Honey Carrot Coins Fruit Cocktail Yogurt Milk Scooby Bones</p>	<p>14 MVP Breakfast & String Cheese Fruit & Juice ----- Turkey & Stuffing Mashed Potatoes Gravy Green Beans WG Hot Roll Tart Dessert Fresh Fruit Milk</p>	<p>15 Breakfast Bread & Yogurt Fruit & Juice ----- Corndog or Corndog Minis Macaroni & Cheese Broccoli Parmesan Baked Beans Pears Milk</p>
<p>18 Chocolate Muffin & String Cheese Fruit & Juice ----- Chicken Teriyaki Nuggets Mashed Potatoes Green Beans Cheese Breadstick w/Marinara Peaches Milk</p>	<p>19 Breakfast Pastry & String Cheese Fruit & Juice ----- Pepperoni Roll Broccoli Parmesan Steamed Corn Fruit Cocktail Milk Jello w/Fruit</p>	<p>20 Chicken Slider Fruit & Juice ----- Tacos/Taco Salad Lettuce, Tomato & Cheese Refried Beans Chips & Salsa Mandarin Oranges Milk Rice Crispy Treat</p>		<p>No School Christmas Break Students Return January 4th</p>

MENU ITEMS ARE ALWAYS SUBJECT TO AVAILABILITY. "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."