

**MINGO COUNTY SCHOOLS – CHILD NUTRITION
HIGH SCHOOL BREAKFAST/LUNCH MENU
APRIL 2018**

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL	3 Cook's Choice	4 Breakfast Pizza Fruit & Juice ----- Chicken Fajitas w/Tortilla Lettuce/Tomato Chips & Salsa Refried Beans Milk Fruit Juice Bar Mandarin Oranges	5 Chocolate Muffin & String Cheese Fruit & Juice ----- Spaghetti w/Meat Sauce Caesar Salad w/CROUTONS Steamed Corn WG Hot Roll Applesauce Milk	6 Canadian Bacon & Cheese Biscuit Fruit & Juice ----- Pepperoni Pizza Honey Carrot Coins Broccoli Parmesan Fruit Choice Milk WG Chocolate Chip Cookie
9 Bagel w/Cream Cheese, Wowbutter, Jelly Fruit & Juice ----- Corndog Macaroni & Cheese Green Beans Fresh Veggies w/Dip Applesauce Cake Milk Fruit Choice	10 Sausage Biscuit Fruit & Juice ----- Cheeseburger on WG Bun Lettuce & Tomato Oven Baked Fries Baked Beans Fruit Choice Milk	11 Pancake Minis Fruit & Juice ----- Chicken & Noodles Broccoli Parmesan Honey Carrot Coins Cornbread Fruit Choice Milk Scooby Bones	12 Ham & Cheese Croissant Fruit & Juice ----- Tacos/Taco Salad Lettuce, Tomato & Cheese Refried Beans Spanish Rice Salsa Mandarin Oranges Milk Jello w/Fruit	13 MVP Breakfast & String Cheese Fruit & Juice ----- Pepperoni Roll California Blend Steamed Corn Pears Milk Yogurt
16 Pancake on a Stick Fruit or Juice ----- Ham & Cheese on Bun or Flatbread Baked Fries Broccoli Parmesan Yogurt Fruit Choice Milk Rice Crispy Bar	17 Breakfast Bread & Yogurt Fruit & Juice ----- Beefaroni Green Beans Honey Carrot Coins Cheese Breadstick Fruit Choice Milk	18 Chicken Biscuit Fruit & Juice ----- Vegetable Beef Soup Grilled Cheese Sandwich Caesar Salad Fruit Choice Milk Apple Crisp	19 Breakfast Pastry w/String Cheese Fruit & Juice ----- Chicken Teriyaki Nuggets Cheesy Potatoes Steamed Peas WG Hot Roll Fruit Choice Milk	20 Parfait or Smoothie Bag Cereal Fruit & Juice ----- Hot Dog w/ Chili Baked Beans Cole Slaw Potato Wedges Fruit Choice Milk
23 Grilled Cheese Fruit & Juice ----- School Made Pizza Honey Carrot Coins Broccoli Parmesan Fruit Choice Milk Pudding Cup	24 Egg Biscuit Fruit & Juice ----- Chicken & Cheese Quesadilla Sour Cream Cheese, Lettuce & Tomato Refried Beans Corn Chips & Salsa Fruit Rice Crispy Treats Milk	25 Chicken Slider Fruit & Juice ----- Chili w/ Beans Grilled Cheese Sandwich Caesar Salad w/ CROUTONS Baked Potato w/ Margarine Fruit Choice Milk Crackers	26 Pancake on a Stick Fruit & Juice ----- Steak and Gravy Mashed Potatoes Green Beans WG Hot Roll Fruit Choice Milk	27 Breakfast Pizza Fruit & Juice ----- Breakfast for Lunch Sausage Eggs Biscuit Gravy Warm Apples Salsa Diced Potatoes Milk Fruit Smoothie
30 Breakfast Wrap Fruit & Juice ----- Breaded Chicken Sandwich Lettuce/Tomato Quick Baked Potato Pork and Beans Fruit Choice Milk Sherbet		**** Breakfast choices include fresh fruit, fruit juice, milk, yogurt and cereal.	**** Lunch choices include milk, fresh fruits and vegetables on the salad bar.	

MENU ITEMS ARE ALWAYS SUBJECT TO AVAILABILITY. "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."